

Larkin High School Practice Log

What is this?

This is your weekly practice log. The purpose is to follow what progress you are making throughout the school year. Our goal is that you will practice a minimum of 120 minutes per week. That may seem like a lot, but in reality it is just 20 minutes a day, 6 days a week!

What do I practice?

- Warmups, long tones, tuning, scales, arpeggios, rudiments
- Etudes and solos
- Band music - accuracy, memorization (if necessary)

What do I do?

- Bring your instrument home everyday
- Before you start practicing, write down a few things you would like to work on.
- As you practice, be sure you have a metronome, a tuner, and a pencil nearby.
- Try to practice in a space free from distractions - put your cell phone in a different room! 20 minutes of focused practice is better than 60 minutes of unfocused practice.
- Record the minutes you practice, rounding to the closest 5 minute interval (ex. 25 minutes instead of 23 minutes)
- At the end of the week, obtain a signature from a parent/guardian to certify that you did indeed practice for the amount you said!
- The practice week runs Monday - Sunday, and practice logs are due in class on Monday.

Grading

Your practice logs and other homework will be 20% of your overall band grade. A few bad weeks won't affect your grade too much, but consistently ignoring this will hurt! Minutes do not roll over from week to week, and **if there is no parent/guardian signature, the student will not receive credit.** The practice duration grades that are outlined are as follows:

- 120 minutes or more per week results in a 4 (or an A)
- 90 - 119 minutes per week results in a 3 (or B)
- 60 - 89 minutes per week results in a 2 (or C)
- 30 - 59 minutes per week results in a 1 (or D)
- 0 - 29 minutes per week results in a 0 (or E)

*Band rehearsals and performances do NOT count as practice time. Private lessons can count as a practice session. In place of the minutes, please write "lesson".

Honesty

It is important that you are honest about your practice long. Any falsification will be met with consequences, including a zero for the grade and/or a referral for academic dishonesty.

Larkin High School Practice Log

Student Name: _____

Band Period: _____

Date turned in: _____

| | GOALS/OBJECTIVES OF EACH SESSION | MINUTES |
|--------------|---|----------------|
| MON. | | |
| TUES. | | |
| WED. | | |
| THURS | | |
| FRI. | | |
| SAT. | | |
| SUN. | | |

GRADE (Circle One)

- 4 (A) - 120 minutes
- 3 (B) - 90 - 119 minutes
- 2 (C) 60 - 89 minutes
- 1 (D) 10 - 59 minutes
- 0 (E) 0 - 9 minutes

TOTAL MINUTES: _____

***DUE the first day of class each week!**

I certify this practice log to be true and correct:

Parent/Guardian Signature

Parent/Guardian Name (Print)